

Simple Tuna Salad

1 SERVING 10 MINUTES



INGREDIENTS

1 can Tuna (drained)
1/2 Green Apple (chopped)
1 stalk Green Onion (finely sliced)
1 tbsp Mayonnaise
Sea Salt & Black Pepper (to taste)

DIRECTIONS

01 Add all ingredients to a large bowl and mix until well combined. Enjoy!

NUTRITION

AMOUNT PER SERVING

Calories	288	Fiber	3g
Fat	12g	Protein	33g
Carbs	12g		

