

Almond Butter Chocolate Chip Bites

9 servings10 minutes

Ingredients

2 cups Oats
1/2 cup Almond Butter
1/4 cup Unsweetened Applesauce
1/4 cup Maple Syrup
1/2 cup Dark Chocolate Chips (dairy free if you're vegan)
1/2 tsp Cinnamon
1/4 tsp Sea Salt
1 tsp Vanilla Extract

Nutrition

Amount per serving	
Calories	261
Fat	13g
Carbs	29g
Fiber	3g
Protein	6g

Directions

In a food processor, combine all ingredients (except chocolate) just until combined.

2 Mix in chocolate chips. Line a baking sheet with parchment paper. Using a TB, scoop out 27 bites. Place into the freezer for 20 minutes.

Remove from baking sheet and store in the fridge for up to a week or the freezer for up to 2 months.

Notes

Serving Size: 3 bites.